

# Crystal Quick Reference

## Agate - Tree

Tree Agate

Chemical Composition: Silicon Dioxide with Chlorite which gives it the green color.

Its coloring is a mottled snowy white and green. It is often mistaken for moss agate. Moss agate is mostly green and tree agate has more white.

This is a crystal of calmness and inner peace. It is an excellent aid in meditation, especially meditation out doors in nature, or guided visualizations in nature settings such as Visiting the Healing Gardens of Kuan Yin.

It is deeply connected to nature and the Earth. It is associated with abundance and prosperity in all aspects of your life and financial concerns.

All of the major chakras, minor chakras, meridian points, etc. in our body are connected by lines of force called Nadis or Nadas. Tree Agate helps to clear out energy blockages in these lines allowing an increased energy flow. As the energy flows through the body more easily it may help with ailments of the nerves, blood vessels and capillaries, as well as possibly helping with neuralgia. It may also help to lower blood pressure. This crystal may also help encourage lactation in pregnant women as well as help with postpartum depression.

Tree agate can help to dissolve conflicts between people in all forms of relationships. This can also help to diffuse quarrels and resolve disagreements. It helps to neutralize the harmful feelings including antagonism, hostility, and animosity. It can help you to recognize the negative aspects in relationships that need to be worked on and eliminated.

This is also a crystal of self-confidence. As its energies infuse a person, they often feel a great sense of security, self-assuredness, and more capable of

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handling daily difficulties and issues that often arise.

The inner peace and calmness that this crystal brings helps to relieve you of emotional stress and strain. It also can help heal bitterness, pain, and anger in your heart. As these emotions are released or transformed it will help you open up to love and happiness. When your heart heals from negative experiences it facilitates a deeper connection to the higher heart chakra and to universal/divine love as well as higher loving beings.