

# Crystal Quick Reference

## Amethyst - Chevron

Chevron Amethyst is formed when veins of white quartz and amethyst grow together. It is a great stone of alchemical workings. It combines the energies of both white quartz and amethyst.

It is great for the 3rd eye and psychic development. It also works great to strengthen the individual.

It is also excellent for cleansing the aura and auric bodies.

Chevron Amethyst can help to remove resistance to change. It also is great at removing and repelling any kind of negativity.

It is excellent for emotional/mental healing, as well as dealing with physical issues related to the eyes, brain, ears, sinuses, and teeth.

It is also a stone of transformation.

In addition to working well with the 3rd eye it is very good for opening and activating the crown chakra thereby allowing a deeper contact to the divine and divine beings.