

Crystal Quick Reference

Ammonite

Ammonites were a group of marine mollusk that lived on the Earth between 66 million and 420 million years ago. Their shells were spiral shaped. As these creatures died and sank to the seabed, they were compressed and over millions of years the organic material fossilized and crystallized.

This is a very powerful healing fossil.

The spiral shape has been used through much of our history to represent change and evolution. Further, the spiral path is good for drawing in energy, positive and negative. The individual chambers within the mollusk neutralize the negative component of drawn in energy through the connection to the divine and release positive energy.

Ammonites are very useful in activating and stimulating the Kundalini energy as well as overall life force (Chi).

Ammonites are a powerful karmic cleaner. Excellent for rebirthing.

When placed in the home, or worn, they are thought to attract wealth, money, prosperity, and health.

This fossil can help to increase stamina as well as vitality. They may help with blood pressure issues and problems with the ears, lungs, and various degenerative disorders.

Chakra: Root, Sacral, Heart, Throat, Third Eye, Crown, Earth Star Chakra