

Crystal Quick Reference

Andalusite

Also called "The Seeing Stone". It helps to awaken inner sight. It also helps you to objectively explore various parts of your character without bias. Excellent crystal to help you see different sides of an issue or a problem.

Very useful in enhancing memory and recalling information.

It helps to bring moderation and balance. It also helps to increase chivalry.

This is a fabulous crystal for meditation.

Excellent crystal for working with immune system problems, eye problems, water retention, and vision issues.

Chiastolite (Fairy Cross) is one of the most well known varieties of this crystal.