## **Crystal Quick Reference**

## **Angelite**

Anhydrous Calcium Sulfate: CaSO4

Angelite is a crystal of heightened awareness with an intense focus on peace and brotherhood.

It is a very protective stone.

It helps to promote compassion and understanding. It also helps to encourage forgiveness on all levels.

Angelite can help you on your search for your purpose in life.

It helps to deal with the psychological pain of past and present events. It helps you to speak the truth about difficult situations and even helps you to admit/confront things about yourself that you may not wish to confront.

It is a crystal of telepathy. Due to the high frequency nature of this crystal it facilitates contact and communication with higher angelic and divine beings.

This crystal is fabulous for helping to unblock energy pathways in the body. It has been used to help with throat inflammations and to balance the thyroid. It has been used to repair tissues and blood vessels. It also has been used to help with weight problems.

Astrological: Aquarius

Chakras: Throat, Third Eye, Crown

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