

# Crystal Quick Reference

## Apatite

Apatite

Apatite is usually green to blue range of color ... it can be anywhere from a solid color to a mix. There are some varieties that are yellow or yellow tinged.

Blue Apatite is excellent crystal for activating the throat and third eye chakras.

Green Apatite is excellent for activating the heart chakra.

Blueish-Green varieties of apatite have properties associated to each color.

Helps with communication. Helps with developing psychic abilities. Aids in divination work. Helps to increase visions.

Green apatite helps to connect the heart and the mind, balancing their interaction. It can help with apathy and negativity. Helps to increase the flow of physical energy.

Blue apatite helps with public speaking. Memory and concentration may be improved by wearing this crystal. Very good study aid.

Reputed to help control apatite and food cravings.

Chakras: Heart, Throat, Third Eye