

# Crystal Quick Reference

## Aragonite

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Aragonite - formula  $\text{CaCO}_3$  (it is a carbonate in the calcium carbonate family).

Structure - orthorhombic (resulting structure when a cubic lattice is stretched along two of its orthogonal pairs by two different factors resulting in a rectangular prism with a rectangular base. All three bases intersect at 90 degree angles.

Aragonite is a Dispeller and Builder crystal. Dispeller crystals help to get rid of things that we no longer need or that hold us back and make great talismans for dealing with mental and spiritual problems. Dispeller crystals are also Restorers - they help put things back in proper order or balance. Builder crystals are excellent crystals for helping people to grow from one state into another. As the name suggests they are excellent for crafters (including spell crafters).

This crystal was first discovered in Aragon Spain. Colors range from light to dark brown, blue, red, pink and white.

Works great with the Earth Star, Root, Sacral, Solar Plexus and Crown chakras.

Excellent crystal for healing the Earth. Can be used to clear blockages in ley lines and healing geopathic stress.

Wonderful crystal for meditation and grounding. It helps to calm and center people. It also increases patience. It can help to encourage sensitivity and generosity. Very good crystal for helping to develop self-discipline and self control. It also helps to relieve stress, anxiety and other emotions especially if you have problems with grounding and letting go of issues.

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Since this crystal is a Builder and Dispeller as well as an Earth crystal it is very good at helping you to overcome stagnation in your life and personal growth.

Aragonite may help with all forms of healing including recovery from broken bones and nerve damage. It may also help with insomnia.

Combines well with Herkimer Diamonds, Phenacite and other high vibrational crystals. Using Aragonite with Selenite may help with traveling between dimensions.

Combined with Angelite, Leidocrocite, Angel Phantom Quartz, Stellerite or Blue Celestite can aid in contacting angelic being and higher vibrational spiritual beings. Excellent for communicating with spirit guides.