

Crystal Quick Reference

Aventurine - Green

Works with the heart chakra. Helps to comfort, heal and protect the heart. Settles nausea and dissolves negative emotions and thoughts. "All around healing stone."

Aventurine is said to benefit one in all areas of creativity, and imagination, as well as intellect and mental clarity. Lore says that it enhances prosperity and brings career success. It is a gentle stone energetically that gives a sense of calm and balance and enhances happiness. It also helps one to see alternatives and potentials in all situations, giving a positive outlook, courage and inner strength.

It is also said to bring luck, especially in games of chance. Green aventurine is also a mystical stone of prosperity and money.

Aventurine bring friendship to one's life.

It is also a stone of protection energies.

Folklore and metaphysical lore say that physically it is beneficial for blood, circulatory system, balancing blood pressure, sinus problems, nausea, headaches, general health, allergies, eczema, fever, and sleep disorders.

Astrological: Aries

Chakra: Heart