## **Crystal Quick Reference**

## **Axinite**

Stimulates root and third eye.

Provides a solid foundation for spiritual exploation.

This crystal helps to access past life information as well as the Akashic records.

It is an excellent healing crystal.

This crystal brings to the surface issues that need to be addressed and resolved!

It helps to connect the physical body to the Earth.

Axinite also helps to align energies of all the energetic bodies.

This crystal may help in mending breaks and fractures in bones.

It can help shift negative energies to postive energies.

Chakras: Earth Star, Root, Third Eye, Crown, Soul Star, Bhindu, Nitu

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