

Crystal Quick Reference

Calcite - Orange

Helps to increase physical energy when worn or touching the body. It helps with protection. Great for activating and working with the sacral chakra. It enhances sexual and creative energies. Helps to clear energy blockages in the body. It is the stone of happiness. It helps to heal sorrow, ease grief, feel joy and be at peace. It helps to connect to the Earth. Helps to connect the physical body with the spiritual realm. It is an excellent cleansing crystal.

Chakras - Sacral