

Crystal Quick Reference

Carnelian

Stimulates analytical capabilities and precision. Recognizes situations to awaken natural abilities. Protects against envy, fear and rage. Helps to banish sorrow. Stabilizes energy of a home. Helps to dispel apathy, indolence and passivity. Was used in the breastplate of the high priest.

Astrological: Cancer, Leo, and Taurus.

Chakras: Root, Sacral, Solar Plexus, Heart.