

# Crystal Quick Reference

## Chalcedony

Chalcedony is the crystal of brotherhood and good will.

It is a protective crystal the absorbs negative energy.

It is a stony of harmony and balance.

Excellent crystal for bringing the physical, mental, emotional and spiritual bodies into harmony with one another.

As the various bodies work in harmony, this crystal and help to alleviate hostility and anger. Helps with self doubt.

This crystal increases physical energy. It helps to eliminate mineral build up in the veins. It may help reduce the effects of dementia.

Astrological: Aquarius, Cancer, Sagittarius, Virgo

Chakras: Sacral, Solar Plexus