## **Crystal Quick Reference**

## Chariote

Chariote is sometimes called "The Stone of This Age".

It conencts the heart and crown chakras allowing them to work in a state of pure love and helps provides access to higher spiritual realms. It helps to recognize, integrate and understand lower vibrational neative states on the physical and helps to transform them into acceptance of others and differing ideas.

It transmutes negativity and helps to ground the spiritual body. Great for cleansing the auric body and filling the chakras with loving spiritual purity. It helps in the comprehension and transformation of "self inflicted" lessons. It enances your giving nature. It helps to promoted compassion and understanding. It helps to recognize tehe connection between everything and THE ALL.

Helps to develop SIGHT.

Can be used to create a power elixir to cleanse the body (either via direct or indirect energy transfer).

Zodiac: Sagittarius and Scorpio

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