

# Crystal Quick Reference

## Chinese Writing Stone

Also known as Porphyry or Chinese Letter Stone.

It is a limestone matrix with andalusite crystals.

The andalusite crystals appear similar to Chinese characters.

It is found at the Yangtze River Valley in the Hunan Province of China. It has also been found in Auburn, California at the foothills of the Sierra Nevadas.

This is an excellent crystal for accessing and working with the Akashic record.

It helps to bring peaceful dreams.

It helps you to adjust and accept change.

Wonderful crystal for sparking creativity and helping with creative endeavors. Fabulous for writers, artists, musicians, etc.

It can help adjust goals, plans, etc. to be in greater alignment with your higher purpose.

Excellent crystal for use in meditation.

It is a very peaceful and soothing crystal.

Wonderful stone for helping us connect to the Earth and helping us be more aware of the ancient that is all around us.

It helps you to recognize the beauty within yourself and all things.