

Crystal Quick Reference

Copper

Copper is an element (Cu, element 29 on the periodic table), it is a metal.

Copper is an EXCELLENT conductor of energy. It helps to conduct energy between the physical realm and higher realms.

It is often used in healing. It is said to reduce inflammation and help with inflammatory disease.

Copper is a powerful tool for boosting psychic abilities. It also helps to balance emotions.

It helps to clear negativity, purify the spiritual body, and combat lethargy by moving energy through the aura.

It is strongly associated with the heart chakra.

Chakra: Heart