## **Crystal Quick Reference**

## **Corundum - Rainbow**

## Corundum

Has the properties of sapphire and ruby.

Rainbow Corundum is a mix of colors ranging from light yellow to deep purple and red.

Corundum is a mental healing crystal. It can help with depression, schizophrenia, insomnia. It is also good for keeping away nightmares. It can also help deal with fears whether rational or irrational.

It is also a physical healing crystal. Its energies help reduce blood pressure - especially stress related, heart issues, blood circulation problems. It can help with ailments of the spine and join. Also good for the liver, kidneys and the entire digestive system.

It can also help increase strength of will, determination, bravery and courage.

Zodiac: Aries, Capricorn, Sagittarius

8/17/2025 6:38:05 PM Page 1 of 1