

Crystal Quick Reference

Dalmation Crystal

Dalmatian Crystal or Stone is a mix of quartz and feldspar. The spots are mainly iron oxide and tourmaline. Other minerals and crystals may be present depending on where the crystal was mined and the conditions under which it formed. This is not the same as Dalmatian jasper. This crystal combines the properties of quartz, feldspar, iron oxide and tourmaline.

Dalmatian Crystal speaks to our inner child and helps to promote a sense of playfulness and vitality. It can be very helpful for those who are overly analytical helping them to remember back to times when life was carefree and you simply enjoyed existing.

While the crystal does have a playful aspect, it also helps us to focus on our task, to analyze a situation carefully, to help create a thoroughly planned out course of action. This is an excellent crystal for those who are planning to or are in the early stages of setting up a business.

Wonderful crystal to help those who are trying to quit smoking.

It promotes emotional balance and harmony. As harmony is restored in a family it can strengthen the bonds between family members.

This crystal is said to help stimulate nerves and reflex actions. Very useful in dealing with problems of the bowels including IBS, constipation, etc.

It can be very helpful when dealing with the burdens of life helping us to remember simpler times.

The tourmaline can help to quickly dispel negative energy.

This crystal is also excellent for alchemical and transformative workings.

Chakras: Root, Sacral, Earth Star