

# Crystal Quick Reference

## Emberlite

Emberlite is a rare crystal that blends both Earth and Fire energies. It is an excellent crystal for balance. It also helps to bring stability to your life.

It is a fluorescent crystal (glows under black lights). It is a form of Syenite that contains fluorescent Sodalite. Colors of this crystal vary including: green, blue, orange, and pink.

This crystal enhances your connection to the Earth. It stimulates and charges the root chakra. It also helps to charge and stimulate the sacral chakra. It can promote creativity and passion. It can help increase sexual energy.

It can also help to increase energy. It attracts positive energy and also protects from negative energy. By strengthening the root and sacral chakras it can help you through difficult times and upheavals in your life.

The energy of emberlite can help with inflammation, rid the body of toxins, and can help with blood pressure.

Chakras: Root, Sacral