## **Crystal Quick Reference**

## **Epidote**

**Epidote** 

Also known as Pistacite.

Chemical formula: {Ca2}{Al2Fe3+}[O|OH|SiO4|Si2O7]

Epidote enhances the energy of what ever it touches including other crystals.

It increases perception and interaction with spiritual beings and helps to facilitate spiritual growth.

It helps to enhance your awareness of various aspect of yourself. It can help you let go of things that are holding you back allowing for change for your highest good.

Helps to release negative energy which will increase your vibrational rate.

Helps to encourage optimism.

This is a crystal of change. It helps to clarify ideas and aids in manifesting dreams into reality.

Clears congest and energy blockages in the body and energy field.

May help to dissipate tumors by releasing stagnant energies in and around the tumor.

Helps to attune with nature, good for grounding, helps you "get back to earth".

Increases energy levels.

Excellent money and prosperity crystal.

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Astrological: Gemini

Chakras: Sacral, Solar Plexus, Heart

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