

Crystal Quick Reference

Goldstone - Red

Goldstone is a man-made crystal. It is a fusion of quartz dust and one or more minerals/crystals.

Red goldstone gets its color from flakes of copper.

All goldstone will have properties of clear quartz and the mineral/chemical components.

Red goldstone is also a crystal of ambition, confidence, motivation, and drive.

It helps to promote a positive energy.

It is strongly associated with the root chakra. People with imbalances in their root chakra, slow spinning chakra, etc. may notice an increase in energy and vitality.

It helps you when you are feeling lost emotionally.

Red goldstone helps deflect unwanted energies. Very protective crystal when working in the spiritual realms.

Excellent for work in long distance healing.

It can also be helpful in working with joint and bone problems, can help with circulation, helps to balance metabolism, helps with allergies.

Chakra: Root