

Crystal Quick Reference

Granite

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Chemical Formula: $(\text{SiO}_2)(\text{Al}_2\text{O}_3)$

Granite is mainly comprised of quartz and feldspar.

It was revered by the Mayan people. The Aboriginal peoples believed it to be a stone of protection which was both sacred and had magical qualities.

It is an excellent crystal for grounding. It can help you to see the "big picture".

This crystal form helps to stabilize energy fields.

It is also known as a stone of abundance.

It also helps to banish skepticism.

This is also a good crystal to help disperse negative energy in an area.

It balances the energies of water and earth. It can stabilize emotions.

Chakras: Root, Sacral