

# Crystal Quick Reference

## **Hemimorphite - Pink**

This crystal can be used to help break away from self-centeredness and achieving a state of balance between focus on yourself and others. It helps us realize that ultimately, we are responsible for our own state of happiness or unhappiness. It can help to enhance your sense of self-esteem. It helps to relieve feelings of anger and hostility by smoothing emotional irritations and helps us to understand the origins of the provocations and aggravations so that we may avoid them in the future.

Hemimorphite is said to bring luck, a discerning mind and a charming manner. It helps to provide symmetry between the physical plane and the other planes of existence allowing us to grow on all planes simultaneously. It helps with self-transformation, personal evolution and maintaining or regaining one's health.

It helps you to fully "know yourself" and to reach the highest human potential.

Pink hemimorphite is especially good at working with emotional related issues mentioned above.