Crystal Quick Reference

Heulandite

Found mainly in India and Iceland. Colors range from red, yellow, black, brown, gray, pink, peach, white, and green.

Heulandite is a very high frequency crystal. Excellent tool for meditation. Strong connection to ancient civilizations including Atlantis, Lemuira, Egypt. It is also very good for aiding in remembering past incarnations, especially those associated with ancient civilizations.

It is very useful in helping to focus your thoughts, organizing, studying/learning, test taking, etc.

This crystal is strongly linked to the third eye and may help you access information within in the Akashic Records.

When meditating with this crystal or doing past life regression in combination with Lemurian seed crystals, it may help you remember incarnations that took place in Lemuria.

Meditating with any color of Heulandite each day can have profound effects. Harmonization of energy, emotions, healing on all levels, opening up to newer levels of awareness, strengthening of existing gifts, awakening of dormant gifts are all possibilities when working with this crystal.

Chakras: Heart, Third Eye, Crown, Soul Star, Earth Star