

Crystal Quick Reference

Iolite

Also known as "water sapphire" or dichorite

Helps with healing the third eye area. Assists with guided visualizations and astral travel. Helps you to change. Used in shamanic healing work. Balances male and female aspects of one's character. Can help to release discord from one's life. Helps the holder to enjoy each moment. Helps to manage money.

Astrological: Libra, Sagittarius, Taurus.

Chakra: Third Eye