

Crystal Quick Reference

Jade - Chinese

Also known as white or cream jade.

Has all the properties of jade.

Helps one to direct their energy to whatever is most advantageous. It helps to see through distractions and filters out extraneous information to help one see the best result of a given situation. It is supposedly very good for the eyes. It is also supposed to be good for the kidneys and lower part of the torso.

See Jade