

Crystal Quick Reference

Jade - White

White jade is a crystal of calm and peace. It has wonderful healing properties known throughout the world.

This crystal helps to enhance love in your life and your love for life.

It is also a very lucky crystal.

Friendships and romantic relationships can be strengthened when you work with white jade.

White jade helps to promote feelings of kindness to others. It is also a crystal of interconnectedness and helps to overcome feelings of abandonment, isolation, and loneliness.

Wonderful crystal for healing the emotion of negative energies including hurt, betrayal, bitterness, anger. It helps to illuminate emotional trauma, transform it and release it from the body.

This crystal works with all the chakras.

It can help you live a more spiritual and enlightened life by connecting you to your higher self. It also helps you to see the big picture.

This crystal is said to help the bladder, kidneys. It is said to help with inflammation problems including arthritis. It is said to help with bone issues. Some believe that it can help with blood sugar levels and high blood pressure. For women, it is said to help with fertility cycle and protect the fetus during pregnancy. It is also good for those with diabetes. Excellent crystal for getting rid of toxins from the body.

As like all jade, this crystal helps to bring wealth and prosperity into your life. It also helps to overcome financial difficulties.

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Chakras: ALL