

Crystal Quick Reference

Jasper - Dalmation

Jasper is the "supreme nurturer".

Dalmation Jasper has all the properties of jasper as well as brown jasper.

In addition, Dalmation Jasper is excellent for grounding, helping to bring calmness and tranquility to a person or situation or area. It helps to absorb negativity and reduce stress related to your environment. It can also help strengthen your resolve to give up smoking.

Dalmation Jasper reaches out to the child within us all, our inner child, helping us to remember how to have fun.

It can help to resolve workplace issues and promote teamwork.

It can help with sleep and keeping away bad dreams.

Great crystal for calming animals, especially dogs.

Excellent stone for cleansing the aura. Terrific crystal for telepathic work and psychic communication.

Good for boosting the immune system and removing toxins from the body.
Good for IBS, constipation and digestive issues.

Works great with animals, especially dogs. Good for helping children overcome fear of animals and learning to work with animals.

Chakra - Root, Element - Earth, Planet - Earth, Zodiac - Virgo