

# Crystal Quick Reference

## Jasper - Desert Sunset

Desert Sunset Jasper

Desert Sunset Jasper is also known as Polychrome Jasper. It usually comes in shades of dark to light tan, deep browns, and other Earth tones.

This is a crystal of the Sun, of Fire, and of the Yang energies. It is also a crystal that is very connected to the Earth.

It brings good fortune.

It helps to stabilize your energy as well as helps with grounding.

It is a crystal of transformation. It can help you find a new path, a new approach to a situation, a new relationship, etc.

Sunset Desert Jasper is also a very protective crystal that helps protect from harm.

This crystal also helps with compassion and nurturing. It helps to bring tranquility, comfort, and healing!

By stimulating the root and sacral chakras, Desert Sunset Jasper can boost the immune system in many ways; can help to draw out toxins and pollutants from the system. It can help with bowel issues, gastroenteritis, constipation, IBS, Crohn's disease, and celiac disease.

Chakras: Root, Sacral, Solar Plexus, Heart