

Crystal Quick Reference

Jasper - Green

Excellent crystal for healing work.

Very strong connection to feminine energies and can help women during pregnancy and childbirth.

learns, balances and energizes the heart chakra. Wonderful for emotional healing work.

This crystal is also excellent for plants. It is said to be the "rain bringer".

It has been used for thousands of years to drive away evil spirits, ghosts, harmful fairies. Protects against evil magick. Very good for protection against venomous creatures.

Green Jade is also a crystal of harmony and balance. Very useful in dealing with obsessive tendencies.

Good for bringing peaceful sleep and warding off nightmares. Excellent for children with sleep issues.

Very good crystal for working with addiction including alcoholism, over eating, etc.

Frequently used in fertility ceremonies.

Green jasper is also associated with the element of water. It can be very helpful in treating all the major organs, cleansing the body of toxic substances. Very good for working with the liver, gallbladder, spleen, pancreas, lungs, etc.

Green jasper is said to help with digestive issues. Place a piece of green jasper next to a glass of water and let it charge for 10 to 30 minutes and then drink the water to help with digestive problems.