## **Crystal Quick Reference**

## Jasper - Sun Stone

This is a form of brecciated Jasper combining aspects of Red Jasper, Pink Jasper and Yellow (or Brown) Jasper.

It empowers us to stand strong in our truth. To be steadfast on our path.

Various forms of jasper when used with Arkansas quartz will help our physical bodies to rebalance during and after solar flare activity.

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