

Crystal Quick Reference

Jasper - Yellow

Yellow jasper is a crystal of protection on both the physical and spiritual levels!

It is a very nurturing crystal and can absorb pain and help deal with difficult situations.

It is a wonderfully powerful crystal for connecting with nature.

This crystal helps to promote feelings of completeness. It helps to unify all aspects of your life.

The nurturing nature of this crystal is wonderful for helping you to overcome shyness, embarrassment and feelings of uneasiness when doing something new.

It helps you to set boundaries.

Yellow Jasper also helps to build better and health relationships.