

# Crystal Quick Reference

## **K2 Crystal**

### K2 Crystal

K2 is the second highest mountain in the world. It is located in Northern Pakistan on the border with China. It is also known as Mount Godwin-Austen or Chhogori. It reaches 8,611 meters (28,251 feet) above sea level.

K2 is a combination of Azurite and Granite. Azurite helps you to connect to your higher consciousness. Granite is a grounding energy. The combination helps to ground your work into exploring your higher potentials, higher consciousness, and higher spiritual realms. The black specs are bits of biotite. The blue dots are Azurite. There are also bits of assorted forms of feldspar.

This is a mental crystal. It is a wonderful aid in meditation. It is a very powerful crystal helping you to explore the past, past incarnations, etc. It helps to explore higher realms. It can also help with dreams and protecting you while you sleep. It also helps you explore universal truth.

Excellent crystal for healing on all levels and all forms of issues.

K2 helps grant access to the Akashic Records.

It helps us to control our emotions and be balanced emotionally.

Chakras: Third Eye