

# Crystal Quick Reference

## Kunzite

Kunzite

Kunzite comes in shades of pink and green.

It is a crystal of the heart and a healing crystal of emotions and relationships.

Excellent crystal for healing emotional issues and problems including those of relationships.

When combined with Holy Fire Reiki it becomes an incredible healing tool that gets to the root of emotional issues and help heal them. When combined with Kaleidoscopic Reiki is also becomes a very powerful healing crystal. When combined with the distance symbol as well as the mental/emotional symbol from Reiki it becomes a more powerful emotional healing crystal.

This crystal helps to encourage love, to heal those aspects of your nature that are not comfortable with loving yourself. As you heal old wounds it will help with present relationships with others.

Not only does this crystal work on the physical level it works on the mental, emotional and spiritual levels, and helps to bring love to all aspects of your being and to fill you with love. It is an excellent tool for channeling and focusing in on the love of the divine spirit and of your higher self.

As emotional issues are healed, you become filled with joy and happiness.

Kunzite energy combines especially well with Lemurian crystals and with Smithsonite crystals. In addition it combines well with ALL pink stones such as Eudilaity, Morganite, Rose Quartz, Pink Tourmaline, Rhodochrosite, Rhonondite, Tugtupite.

When combined with Lapis Lazuli or Iotile it helps your mind to become more receptive to the loving energies and can help you say out loud or express that

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you love yourself.

You can also combine Kunzite with ANY heart chakra crystal.

It is also known as the Woman's Stone. Wonderful and supportive for new mothers, first time mothers, young mothers - helps in caring for their young.

Very good for helping overactive children.

Young women entering puberty may find this crystal very helpful as their bodies begin to change and mature. It can help them with the difficulties adjusting to their monthly cycle, changing bodies, hormone shifts, dealing with emotional relationships with others, etc.

Excellent crystal for Indigo, Crystal, Rainbow, and Star children.

Birthstone: Leo, Scorpio, Taurus

Chakras: Heart Chakra, Soul Star Chakra