

Crystal Quick Reference

Kyanite - Black

Chemical Formula Al_2SiO_5

Black Kyanite is an excellent crystal for healing work.

Wonderful grounding crystal.

This crystal works with all the chakras but it is excellent for working with the root chakra.

When used in meditation, Black Kyanite can help you explore the subconscious mind and help you to gain important insights into your nature, situations, etc. Meditating with both Black Kyanite and Nuumite will allow you delve more deeply into your subconscious than every before.

Black Kyanite is an excellent crystal for repairing tears in the chakras as well as holes in the auric field. You can place the crystal on a particular chakra, on a point on the physical body or into the energy field itself. This is a wonderful crystal for dealing with "sparking" auras.

Very powerful crystal for helping with communication problems between people. The grounding properties help to clear and open the lines of communication. Very useful when dealing with communication conflicts or misunderstandings.

It is also a good crystal for past life regression work.

Chakras: Root, All