

Crystal Quick Reference

Kyanite - Blue

Kyanite's name is derived from the ancient greek word for blue, "kynos". It is often given to seafares to protect them on their journeys as well as travelers.

Great for working with the throat chakra, communication issues and dealing with illnesses of the throat and vocal chords. Assists with the ability to learn languages as well as with communicating ideas clearly.

Kyanite is also good for focus and concentration and encourages calmness.

Kyanite does not require cleansing as it does not absorb negative energy. It aligns all of the chakras automatically. Energy channeled through this crystal can be direct to and help to align the emotional, intellectual, physical, ethereal, and astral bodies.

It works well with the third eye and stimulate psychic development.

Can help one meditate when there are problems mediating.

It is very useful for balancing the Yin/Yang energies. Also excellent for removing energy blockages.

Astrological Association: Aries, Libra, Taurus.

Chakras: Throat and Third Eye