## **Crystal Quick Reference**

## Larvikite

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Larvikite comes from the Larvik Fjord in Norway.

Sometimes it is called "Black Moonstone" or "Labradorite" but it is neither.

Excellent crystal for grounding. Also great for protection.

Cleans subtle bodies.

Very connected to the energies of Earth and spirits of nature.

Enhances psychic abilities. Helps to get rid of negative energy. Excellent tool for past life viewing.

It may help with learning disabilities.

Helps with patience.

Chakras: Root, Solar Plexus, Third Eye

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