

Crystal Quick Reference

Lepidolite

Lepidolite is a stone of calm, trust and acceptance. It brings hope and is a stone of transformation. It is very helpful for getting through transitions that will ultimately lead to a better situation.

It promotes the love of self, patience and optimism.

Lepidolite can greatly reduce stress, anxiety, depression, manic-depression, despondency, Post Traumatic Stress Disorder, anger and panic attacks. It is also excellent for helping work through the root causes of addiction.

It is used for dream work; rebirthing and can help you to recall your dreams more clearly. It is a protective crystal and helps to bring success in your business endeavors or in your career. It is great for promoting growth in plants and is excellent for gardening.

Astrological: Libra

Chakras: Throat, Third Eye, Crown