

Crystal Quick Reference

Malachite

Malachite is a stone of healing. It is often called a "Crystal of Transformation."

It clears and activates the chakras. As it opens the crown chakra it helps us attune to the messages and guidance of higher spiritual beings. It connects the heart and crown chakras opening us up to unconditional love.

It is a stone of healing. It helps to deal with negative experiences and past traumas. It helps to encourage good dreams as well as to remember them. It can help you to understand your dreams.

This crystal help us through transitions.

Malachite absorbs negative energy and pollutants from the atmosphere around a person as well as from the body. It is excellent for guarding against and clearing electromagnetic pollution from electronic equipment such as cell phones, computers and power lines.

It helps you to break unwanted ties, let go of unneeded or unwanted patterns. It also brings awareness and helps you to take responsibility for your actions, thoughts and feelings. It also helps us to let go of our inhibitions and as we do so it helps us to develop empathy towards others.

Malachite is good for working with blood disorders, mood swings and can help with cramps, menstrual disorders, period pains, etc. It boosts the immune system and is great for working with nervous system disorders. It is said to reduce blood pressure, treat asthma, arthritis, problems of the spleen, pancreas and parathyroid. Works to heal all forms of cancer as it stimulates the immune system. It can help the liver to release toxins.

Astrological: Libra, Scorpio, Capricorn

Chakras: Heart, Throat