

Crystal Quick Reference

Mica - Fuchiste

This is a form a green mica, also known as Sea Foam mica.

It is a "stone of health". It helps to access information on the health of an individual.

This crystal is also excellent for helping you to get back on your feet after emotional or physical problems.

It is good for developing friendliness, compassion and lightheartedness.

It is connected to the heart chakra. It can assist in and speed deep healing and also helps the immune system and strengthens immune responses.

These crystals are also excellent for working water magick.

Astrological: Any water sign (Cancer, Scorpio, Pisces)

Chakras: Heart