

# Crystal Quick Reference

## **Miriam**

Miriam is formed from bone, vegetation and shell fragments that have been compressed to such a high degree they were turned to stone. This changeling property lends alchemical qualities to this stone helping to keep a cool head in volatile situations and helping to create positive results from seemingly hopeless situations. Assists in accessing the Akashic Records Useful in past-life recall Connects the solar plexus chakra with the third-eye chakra helping you to access your hidden powers Helpful in contacting your guides and angels particularly through automatic writing