

# Crystal Quick Reference

## **Moonstone - Peach**

Peach moonstone helps to support the heart and also helps to stimulate the mind.

Excellent crystal for purification as it transforms negative energy into positive energy.

Strongly associated with the element air and the element water.

Very nurturing crystal.

Helps with psychic protection.

Excellent healing crystal. Also good for helping you to recognize and accept love. Excellent for improving your personal power. Attracts good luck.

It helps to stimulate creativity and with self-expression. It stimulates clairvoyance, automatic writing. It is a crystal of the mind.

The soft golden yellow helps to promote peace, harmony, and restores emotional balance. As balance is restored it can calm and brighten emotions, help with self mage, open up to the feminine energy with. It reminds us of our worth and value. It can help us to realize the positive in all situations. It also helps to work through worry and anxiety.

Astrological: Pisces

Chakras: Sacral, Solar Plexus