

Crystal Quick Reference

Muscovite

Muscovite is a form of Mica. The green variety has chromium.

This crystal has extremely strong and high frequency positive energies.

It is great for enhancing the mental processes of the brain. Extremely good at promoting rational thought, clear and quick thinking, effective problem solving. It helps us combine old ideas and thought patterns in new and more productive ways.

Muscovite also helps us to let go of old habits and ways of thinking that are no longer beneficial or that are holding us back. It also helps us to understand paradoxical information without getting a "brain cramp". (Temporal Mechanics students will love this in the future!)

Fabulous crystal for students, teachers, scientists, mathematicians, physicists, consultants - anyone that does critical/analytic thinking for a living. It is a stone of inspiration. It helps to build new neural pathways and may result in an increase of "EUREKA" moments.

This crystal may help slow the progression of Alzheimer's and Dementia by rerouting signals around diseased part of the mind.

It stimulates the sixth and seventh chakras, increases/supports intuition, telepathy, clairvoyance, ESP and other psychic abilities. It helps to increase communication with spirit guides and other higher beings. It helps to see the "big picture" and to see the links between various disciplines such as art, mathematics, music and philosophy.

It also helps to link the heart chakra and the third eye and crown chakras together allowing the heart to guide psychic abilities.

It also helps to shield from negativity and related negative emotional states. Very effective with those who are more sensitive/vulnerable to these energies.

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Chakra: Third Eye, Crown, Heart (green variety)