

Crystal Quick Reference

Obsidian - Green

Green Obsidian is a crystal of the heart.

It is found in a few areas in the world: Guatemala, Mexico, Central America, Sierra Madre mountains.

It is a crystal of the Earth and strongly connected to the heart chakra.

Wonderful for helping with emotional healing issues, all kinds of relationship issues with all kinds of relationship (lover, parent/child, friends, etc).

This crystal helps to provide emotional stability in difficult times.

It helps to diffuse anger and to promote harmony.

Green Obsidian is also an excellent crystal for working with nature and growing plants.

Excellent for psychic self defense.

Chakra: Heart