

# Crystal Quick Reference

## **Obsidian - Mahogany**

Mahogany Obsidian is a form of obsidian with either magnetite or hematite giving it the mahogany color.

This is a very protective crystal. It is an excellent crystal for protecting against psychic attack.

It is very good for removing energy cords between people.

Mahogany Obsidian is an excellent crystal for grounding. It helps to encourage strength when we are having trouble.

It works with the root, sacral, and solar plexus chakras.

It is a very good crystal for detoxifying organs and tissues. It helps to increase liver and kidney function. It is also good for pain relief.

Chakras: Root, Sacral, Solar Plexus