

Crystal Quick Reference

Obsidian - Rainbow

Rainbow Obsidian

Rainbow Obsidian is a dark, black obsidian but when polished all sorts of different colors can be seen. In essence, it is a combination of all forms of Obsidian.

It is wonderful for grounding as well as protection.

It enhances visions while meditating.

It enhances all forms of communication.

It can help develop any psychic ability.

This is a wonderful crystal for helping to work through unresolved issues. When doing meditation work on unresolved issues using Rainbow Obsidian, many report a flood of brilliant white light illuminating the issue and driving away the darkness.

This crystal is also a stone of pleasure. It helps to enhance gratification and enjoyment of things in your life. (Those of the zodiac sign Taurus should really love this crystal).

It helps to dissolve the negative thoughts that come from your inner dialog ... I am not good enough, I am worthless, everyone hates me, I am a terrible person, etc.

Rainbow Obsidian is good at shielding against negativity. This ability is enhanced when correctly programmed.

It is excellent for dealing with fear, shock, and similar emotions/reactions.

Since Rainbow Obsidian contains many colors, it is wonderful for bringing

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love, joy, happiness, and light into your life. It may also help fight depression.

This crystal helps you to identify your flaws, show you what needs to be worked on, and how to move forward in a nurturing way.

It helps to dissolve those negative thoughts that are connected to self esteem issues. Kaleidoscopic Reiki practitioners will find this energy very useful with the mental transmutation symbol from level and Usui Reiki level 2 will find it very helpful with the mental/emotional symbol.

Chakras: All, especially Heart