Crystal Quick Reference

Obsidian - Snowflake

Snowflake obsidian is a type of black obsidian containing white or grayish spots called spherulites. These spherulites are composed of needle-shaped cristobalite, a type of quartz. Cristobalite is a mineral polymorph of silica formed at high temperatures. The whitish color comes from the ways that the silicon and oxygen combine. They form in tetrahedrons with a single silicon atom in the center surrounded by four oxygen atoms.

This crystal helps one to recognize and transmute negative patterns of thought. It aids in transforing negative thinking into positive thinking.

It helps to bring peace of mind. It assists in various forms of balance including emotional and mental.

Physically, it is said to assist with the skeletal system, veins and circulatory system. It may help with cancer.

Astrological: Virgo.

Chakras: Root

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