

Crystal Quick Reference

Onyx - Green

Green Onyx

Green Onyx is a variation of Onyx. Frequently we think of Onyx as being black but it comes in many colors including brown, green, pink, white/cream.

Green Onyx is associated with the heart chakra.

It is a crystal that helps to ease emotional, mental, and physical stress.

It is also a crystal of comfort especially during stressful times.

Green Onyx is associated with the planet Mercury and also ties into the throat chakra. It also helps to strengthen the connection between the heart and throat chakra which may help with communication, confidence when speaking to others or before a group of people.

This is also a crystal of growth, abundance, and material successes. Excellent for workings associated with money and prosperity.

As Green Onyx helps to relieve stress and provide emotional support you may find increased intuition, psychic abilities, imagination, etc. as your ability to trust yourself and your intuition increases.

Green Onyx is often found with streaks of brown. This provides a wonderful and supportive link to Mother Earth and will help to strengthen the root and sacral chakras. As the lower chakras are strengthened you may experience increased physical stamina as well as general well being.

This crystal is also wonderful for helping with loving relationships and friendships. As it supports you, gives you encouragement, you often will become more relaxed in your relationship ... able to love others more deeply as well as yourself. It may help you to become more sensitive to the needs of others which can help you to avoid conflicts in relationships.

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Green Onyx will also help to clear and strengthen your Earth Star chakra and clear out blockages in that chakra.

Chakra: Heart (Primary), Throat, Root, Sacral, Earth Star