

Crystal Quick Reference

Onyx - Yellow

Opens and balances the Solar Plexus chakra.

Very good healing crystal. Useful for healing wounds, helping to regulate the functions of the organs. It is also good for strengthening the back. May help with ailments of the eyes and ears.

This crystal helps the holder to be more serious and logical. It can help you develop discernment so that you know the appropriate times to remain silent.

Excellent crystal for helping soothe anxiety and depression as well as boosting emotional strength.

Chakras: Solar Plexus, Third Eye