

Crystal Quick Reference

Petalite

Petalite is known as the "Stone of Angels". It helps to establish and strengthen your connection with angelic beings. It also helps you to establish your connection to ancient civilizations. It also helps to strengthen the alliance with your spirit guides and spirit animals.

It has been used extensively in medicine wheel ceremonies to provide a safe environment for spiritual contact, to enhance communication and to bring peace. If carried during a vision quest it helps to bring calmness, protection, alertness and prompt success.

Helps to improve meditation and peace of mind.

It stimulates the throat chakra and opens the crown chakra. It also helps to get Kundalini energy flowing.

It is also used to neutralize negative energy, dissolve negative enchantments and destroy all black magic.

It calms disorderly energy in the body as well as emotional states. Provides relief from stress and tension as well as muscle tightness. It may help to regulate heartbeat. It has been used in the treatment of AIDS, Chronic Fatigue Syndrome and other auto-immune diseases.

Chakras: Throat, Crown. Zodiac: Leo