Crystal Quick Reference

Prehnite

Prehnite is a calcium aluminum silicate. It was first identified by Colenel Hendrik von Prehn, a Dutch military officer that discovered the crystal in 1774.

Prehnite is a crystal of unconditional love. It is also know as the stone that heals the healer.

Facilitates connection and communication with the higher self through deep meditation. It puts you in contact with the universal energy grid.

Connects to the Arch Angel Raphael as well as other spiritual and extraterrestrial beings.

Enhances precognition and the gift of prophecy.

When placed in the garden it helps turn your home into a place of healing.

It is very good for decluttering .. Helping you to let go of things that are no longer needed - both in the physical and other realms.

Helps to alleviate nightmares, phobias, deep fears.

Excellent for helping to find the root of a problem/condition.

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